Housing Resources

Prepared for the Okanagan Indian Band, Public Safety- 2022

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Youth Housing

There are three agencies in Vernon that work collaboratively with the Ministry of Children and Family Development to provide alternative safe housing for Youth. The North Okanagan Youth and Family Services Society, North Okanagan Friendship Center Society and Vernon Native Housing Society offer housing to youth at risk of homelessness in various programs.

North Okanagan Youth and Family Services Society

North Okanagan Youth and Family Services Society (NOYFSS) offers support to youth at risk and their families through skill building, short term intervention and referrals to appropriate resources. In addition to providing access and connections to services, NOYFSS works with the Ministry of Children and Family Development to support youth with Youth Agreements, Independent Living Programs, Specials Home Services.

Phone: (250) 545-3572 | Email: <u>novfssreception@novfss.org</u> Location : 3100 - 32nd Avenue, Vernon, BC V1T 2L9

Youth Agreements

Following an eligibility assessment conducted by a social worker, <u>Youth Agreements</u> are developed in conjunction with MCFD. This program is available for youth ages 16-19 and is designed to support youth to live independently, complete their education, secure employment and develop life skills.

Independent Living Program

The <u>Independent Living Program</u> is similar to a Youth Agreement and is for youth who are in the care of Ministry of Children and Family Development.

Specialized Home Services- Mara House

Specialized home services are available for challenging/vulnerable children ages 6-16. <u>Mara house</u> offers a family-oriented environment that is safe and secure. Families will work along side a multi-

disciplinary team including a Clinical Family Specialist and other community specialists. Mara House can be accessed through the Resource Team with the Ministry of Children and Family Development.

Sage House

<u>Sage house</u> is treatment facility for children and youth, ages 6-16, with complex needs. Individualized programs are created for children using a trauma informed/attachment-based foundation. Children can live in the facility for up to eight months until they transition home. Sage house can e accessed though the Resource Team with the Ministry of Children and Family Development.

North Okanagan Friendship Center Society

The North Okanagan Friendship Center Society has operation agreements with the Ministry of Children and Family Development as well as with BC Housing Management Commission to operate a Youth Safe House and Kekuli Centre.

Kekuli Centre

The North Okanagan Friendship Centre Society has an operating agreement in place with the BC Housing Management Commission to provide safe and clean housing to youth between the ages of 19-29 who are homeless, at risk of homelessness, have disabilities or have physical, social or mental conditions. <u>The Kekuli complex</u> is available for individuals, single parents or one-child families. Rent is subsidized and or based on shelter allowances.

Phone: 250.542.1264 | Email: <u>kekulipropertymanager@nofcs.ca</u> Location: #100 – 2905 28th Ave, Vernon, BC V1T 8L1 Application for Kekuli Centre

Vernon Native Housing Society

The <u>Vernon Native Housing Society</u> works in partnership with the Ministry of Children and Family Development to offer 5 units to youth who are aging out of the foster care system. These units are reserved for youth who will be turning 18, applications are referral based by social workers. While a tenant of the Vernon Native Housing Society, youth can access supports from a youth worker who will provide life skills such as: budgeting, meal prepping and 1:1 support. Tenancy agreements for these units are for a one-year period after which the youth worker will aid in the search for alternate affordable housing.

Phone: (250)542-2834 | Email: <u>reception@vernonnativehousing.ca</u> Location: #41-4305 19th Avenue, Vernon BC, V1T 9X4 <u>Housing Applications</u> for Vernon Native Housing

Subsidized Housing

BC Housing: Vernon Veridian

Vernon Veridian is a subsidized housing offered through BC Housing. Rent is geared to income. Eligible Clients:

- Singles
- Families
- Persons with disabilities
- Couples

Location : 3705 24 Ave, Vernon, BC, V1T 1L7 Applications accepted through BC Housing Application

BC Housing: My Place

Supportive housing for peoples with disabilities is offered by BC Housing at My Place. Rent is subsidized and geared to income. The building is wheelchair accessible with support staff available. Eligible Clients:

- Person with disabilities
- Person requiring supportive housing

Location: 3500 27th Ave, Vernon, BC, V1T 6L9 Applications accepted through <u>BC Housing Application</u>

Canadian Mental Health Association

Canadian Mental Health Association (CMHA) offers low-income units to people living with mental health issues. Housing programs are operated in partnership with Interior Health Authority- Mental Health and Substance Use as well as BC Housing.

Applications for CMHA housing

Indigenous Housing Providers

<u>Indigenous Housing</u> through out British Columbia is available to individuals with Indigenous ancestry, including status and non-status Indians, Métis and Inuit who meet the specific eligibility requirements.

Outreach and Prevention

Turning Points: Homeless Outreach Program

Turning Points Collaborative Society provides outreach, shelter services and various housing options for vulnerable people experiencing, or at risk of experiencing, homelessness in the Okanagan.

While accessing services through Turning Points, clients will work with case managers to determine their needs for accommodation and other appropriate services through an assessment. This service is available to those are who are experiencing homeless or insecure housing. Referrals will be made based on the assessment and clients maybe eligible for financial assistance.

The <u>Homeless Outreach Program</u> is available to:

- Individuals or families who do not have a fixed address
- Those living and sleeping in public spaces, including on the streets
- Those who need a place to stay in extreme wet or cold weather
- Those who haven't found a place to stay since leaving a hospital, rehabilitation centre or correctional facility
- Those in need of a place to stay so they can leave a situation where they are financially, sexually, physically or emotionally vulnerable
- Those who are living in temporary situations and it is unknown how long you can stay ie: sleeping on a family or friend's couch or without a fixed rental agreement
- Those who have received notice from their landlords and need assistance finding a safe, secure place to stay

Age Requirements

- 19 and older
- 18 and younger can meet with an <u>Outreach Worker</u> to determine eligibility

Phone: 250-503-7317 | Email: info@turningpoints.ngo Location: 2800 33rd Street, Vernon B.C.

Turning Points: Homeless Prevention Program

The <u>Homeless Prevention Program</u> is available to individuals and families in Vernon, Enderby, Lumby and Armstrong who are at risk of homelessness. Case managers advocate for their clients, mediate with landlords and provide short term financial subsidies to securing housing for their clients. This program is available to First Nations, Metis or Inuit and women who have experienced violence or are at risk of violence, youth leaving the care system and individuals leaving corrections or the hospital.

Age Requirements

- 19 and older
- 18 and younger can meet with an <u>Outreach Worker</u> to determine eligibility

For those eligible and approved, the rent supplement can assist with:

- Rent or Damage deposit
- Costs that help secure housing (for example, getting identification)
- Transportation to a housing opportunity
- Storage for belongings as clients wait to move into a new home
- Ensuring access to utilities (for example, heat and water)
- Moving expenses
- Home start-up items

Phone: (250) 542-3555 | Email: <u>info@turningpoints.ngo</u> Location: 2800 33rd Street, Vernon B.C.

Bridge Services: Youth Outreach

Located in Kelowna BC, the <u>Bridges Services</u> provides support for youth who are at risk of homelessness, exploitation, self-harm or abuse. In addition to supporting youth to meet their basic

needs and support with housing, clinical counselling services are available to support youth with their mental health needs and any substance use concerns.

Phone: 778-699-2272 | Email: info@thebridgeservices.ca

Location: 1340 Ellis Street, Kelowna BC,

*Referrals to this program are made through the Ministry of Children and Family Development

Shelters

The North Okanagan Friendship Centre, Turning Points and the Upper Room Mission provide shelter for those experiencing homelessness in the Vernon area. The CO-VID 19 pandemic has impacted the ability to provide shelter for those unhoused while practising physical distancing in compliance with provincial health guidelines.

Vernon Youth Safe Housing

Vernon's only <u>youth safe housing</u> is a community partnership between the North Okanagan Friendship Centre Society and the Ministry of Children and Family Development. The safe house offers short term safe housing for youth between the ages of 13-18 who are homeless, at risk of becoming homeless or at risk of being in an unsafe environment. When accessing services at the youth safe house, youth will receive appropriate referrals to community resources in addition to access to emergency services, housing seven days a week, meals, laundry and life skills workshops. Services are available to Indigenous and Non-Indigenous youth.

Phone: 250-260-7077 | Email: safehouse@nofcs.ca

Location: #206-2905 28th Ave, Vernon BC

Archway Society: Women's Transition

The <u>Archway Society</u> offers shelter to women and their children who have experienced abuse. Supports include :

- Meals and laundry facilities
- Transportation to appointments
- Accompaniment to appointments
- Child support activities, and where possible, child care
- Referrals to community resources

Phone : 250-542-1122 (available 24/7 including Holidays)

Turning Points: Shelter

Turning Points has a temporary amalgamated shelter that can accommodate up to 86 residents. Residents can access life skills training, employment programs, counselling, harm reduction supplies, 12 step groups, case planning, referrals to other services, laundry, showers, meal services, health and legal services. Beds are available on a first come, first-serve basis. Registration is open at 9:00am, 11:00am, 1:00pm, 3:00 pm and 6:00pm

Phone: 250-241-2217 Email: info@turningpoints.ngo

Location: 2506 37th Street, Vernon BC, V1T 6G4

Upper Room Mission: Day Shelter

The <u>Upper Room Mission</u> provides a day shelter and access to services such as meals, laundry, clothing and referrals to local resources. The shelter offers refuge from extreme weather conditions and provides a sense of community to the unsheltered, marginalized and vulnerable population in the Vernon area.

Hours of Operation: Monday- Friday 9:00am- 4:00pm | Saturday & Sunday 2:00pm-6:00pm Phone: 250-549-1231 Location:3403 27th Ave, V1T 1S2, Vernon, BC

Other Shelter Resources BC Housing Shelter <u>Directory</u> Transition Houses & Safe Homes <u>Directory</u>

Youth Treatment Rehabilitation (Ages 13-25)

Venture Academy

<u>Venture Academy</u> provides residential care and programs for troubles teens in various locations such as: Kelowna BC, Red Deer Alberta and Barrie Ontario. These three facilities offer the following programs:

- Behaviour Treatment
- Drug and Alcohol Treatment
- 30 Day Assessment and Intervention
- Residential treatment
- School Programs and Education

During their stay, clients will be offered integrated courses, personalized curriculums, psychoeducational assessments, and academic testing.

Phone: 1-866.762.2211 | Email: info@ventureacademy.ca

Location: 101-1865 Dilworth Drive, Suite 338, Kelowna, British Columbia, V1Y 9T1

The Bridge Youth Withdrawal

Located in Kelowna BC, the <u>Bridge Youth Recovery House</u> is a live-in program for youth ages 12-18 who are living with substance abuse, complex mental health and addictions. The Bridge Youth Withdrawal program offers:

- Withdraw management
- Stabilization
- Treatment
- After-Care

Self referrals are accepted by completing <u>Intake application</u> Phone: 250-763-0456 | Email: <u>info@thebridgeservices.ca</u> Location: 1024 Laurier Ave, Kelowna BC, V1Y- 6B1

Peak House

<u>Peak House</u> offers a ten week, live-in, treatment program for youth ages 13-18 who are experiencing problems with drugs and alcohol. The facility does not offer detox services and ask that clients abstain from substance use for a minimum of seven days before entering. This program is offered in Vancouver, BC.

Phone: 604-253-6319 | Email: intake@peakhouse.ca

Nechako Youth Treatment

The <u>Nechako Youth Treatment Program</u> is an addiction treatment centre located in Prince George, BC. In addition to drug and alcohol treatment, the program offers mental health assessment and individual, family and group supports.

Phone: 250-565-2881

Location: 1308 Alward Street, Prince George, BC V2M 7B1

Traverse

Located in Chilliwack, BC, <u>Traverse</u> is a residential treatment program for youth ages 13-18. Youth can reside at the facility for up to six months at which time they will develop an individualized plan that will include counselling, life skills training, education courses and a safe space to explore cultural and spiritual beliefs.

Traverse is available to youth residing in the Fraser Health region and requires youth be in touch with either the Fraser Health MHSU Clinician, Child and Youth Mental Health Clinician and/or Fraser Health contracted Substance Use Counsellor.

Phone: 604-412-7950 | Email: <u>info@pcrs.ca</u> Location: 45456 Yale Rd., Chilliwack

Last Door

Located in New Westminster BC, the <u>Last Door</u> is a long-term addictions treatment facility for male youth ages 13-18 and 19-25 who are using drugs and alcohol, prescription medication misuse and excessive video gaming. The program offers a variety of supports including:

- Mental health assessments
- Individual and group therapy
- Family counselling
- Peer Support
- Post-treatment and continues care
- Access to educational opportunities

Phone: 1-855-465-2851 | Email: intake@lastdoor.org

Healing Spirit House, Maples Adolescent Treatment Centre

The <u>Maples Adolescent Treatment Centre</u> is located on the traditional territories and ancestral lands of the k^wik^wə^Å əm (Kwikwetlem) First Nation in Coquitlam, B.C., with specialized assessment and treatment programs offered for youth ages 12-18 who are living with significant mental health, emotional or behavioural challenges that impact many aspects of their lives. Phone: (604)-660-5800 | Email: MCF.Maples@gov.bc.ca Location: 2721 Lougheed Hwy, Coquitlam BC, V3C 4J2

Treatment Centres, British Columbia

BC Treatment Centres and Programs and Detox Directory

Counselling Services

First Nations Health

First Nations Health Authority offers a comprehensive mental health plan to First Nations in BC that covers counselling services from a qualified mental health provider. Mental health providers include psychologists, clinical counsellors and social workers. Plans

cover as many hours of counselling as needed or determined by the client and provider

The mental health provider must be registered with Health Benefits. You can find a registered mental health provider on the <u>Health Benefits Mental Health Provider List</u>. Below are the local providers in the Vernon area:

Providers Name	Availability as of	Designation	Telehealth	Telephone
	February 2022		Available	
ARMSTRONG, SUSAN	Waitlist more than 2 months	RCC	Yes	(250) 540-7304
CASPERSON, KERRY	Waitlist less than 1 month	RCC	Yes	(250) 309-6850
CEBULIAK, MARIA	Waitlist 1-2 months	RCC	Yes	(250) 549-6976
CLINGO, MITCH	Unknown	RCC	Yes	(250) 307-2030
CROCKFORD, CHRYSTELLE	Accepting new clients immediately	RCC	Yes	(250) 808-6789
DALGLEISH, HOLLY	Waitlist less than 1 month	RSW	Yes	(250) 938-7209
DESIMONE, MEGAN	Waitlist less than 1 month	RSW	Yes	(250) 308-1262
DUQUETTE, GISELE	Accepting new clients immediately	RSW	Yes	(250) 899-0171
FEDY, ROSS	Accepting new clients immediately	RCC	Yes	(250) 558-5726
GENAILLE, RENNIE	Accepting new clients immediately	RSW	Yes	(778) 475-4750
HLADIK, CAROLYN	Accepting new clients immediately	RSW	Yes	(250) 351-9961
JOHNSON, GEOFF	Accepting new clients immediately	RSW	Yes	(250) 308-7287
KNIGHT, NIKI	Waitlist more than 2 months	RSW	Yes	(250) 545-0103
KRAHN, JODI	Unknown	RCC	No	(250) 307-6465
LUPTON, HILARY	Unknown	RSW	Yes	(250) 300-6860
MACCARL, MORGAN	Waitlist less than 1 month	RCC	Yes	(250) 858-9722
MAGNER, SARA	Unknown	RCC	Yes	(250) 306-9283
McDONAGH, CIARAN	Accepting new clients immediately	RCC	Yes	(250) 550-8596
MORGAN, ROBERTA	Accepting new clients immediately	RSW	Yes	(250) 863-7863

NEVDOFF, PAMELA	Unknown	RCC	No	(250) 803-2695
NOELLE, ROLF HELLMUT	Unknown	CCC; RCC	Unspecified	(250) 540-9471
PELLETIER, ELAINE	Unknown	RCC	Yes	(250) 938-5971
PEREVERSOFF, LISA	Accepting new clients immediately	ссс	Yes	(250) 300-6860
PLANT, ZOE	Unknown	ССС	Yes	(250) 826-3164
REZANSON, LIZ	Waitlist less than 1 month	RSW	Yes	(250) 540-6769
RICHARDSON, BONNIE	Unknown	RSW	Yes	(250) 540-2910
RIEMER, RIVER	Accepting new clients immediately	RSW	Yes	(250) 215-8515
ROSS, BONNIE	Unknown	RCC	No	(250) 558-8469
ROSSBERG-GEMPTON, IRENE	Unknown	RCC	Yes	(250) 542-9682
SILKE-ANDERSON, ERIN	Waitlist less than 1 month	RCC	Yes	(778) 692-0616
WALDMAN, GRANT	Accepting new clients immediately	ссс	Yes	(250) 896-0376
WARD, JADON	Accepting new clients immediately	CCC; RCC	Yes	(250) 859-5653
WARNER , SHANNON	Accepting new clients immediately	RSW	Yes	(250) 309-4101
WINGFIELD, SEBASTIAN	Accepting new clients immediately	ССС	Yes	(778) 792-3808
WRIGHT, JULIE	Waitlist less than 1 month	RCC	Yes (Telehealth Only)	(250) 317-4346
YADERNUK, STEFANIE	Waitlist less than 1 month	ССС	Yes	(778) 943-2112

First Nations Health- Mental Health Coverage for Non-Status Individuals

Non-status individuals may be eligible for mental health coverage if they are a former student, or are a family member of a former student, who attended an Indian Residential School or an Indian Day School. Individuals who are experiencing trauma from missing and murdered Indigenous women and girls in Canada may also be eligible for mental health coverage.

To determine eligibility contact Health Benefits at 1-855-550-5454

Jordan's Principle

A child under the age of majority in their province or territory of residence can access Jordan's Principle, if they permanently reside in Canada and if the child meets one of the following criteria:

- is registered or eligible to be registered under the Indian Act
- has one parent or guardian who is registered or eligible to be registered under the Indian Act
- is recognized by their nation for the purposes of Jordan's Principle
- is ordinarily resident on reserve

Examples of the services covered by Jordan's Principle include, but are not limited to:

Health:	Social:	Education:	
 Mobility aids Wheelchair ramps Services from Elders Assessments and screenings Medical supplies and equipment Mental health services 	 Social worker Land-based activities Respite care (individual or group) Specialized programs based on cultural beliefs and practices Personal support worker 	 School supplies Tutoring services Teaching assistants Psycho-educational assessments Assistive technology and electronics 	

If a service is not necessarily available to other children, or is an exceptional service, the child will still have their needs evaluated to determine if the service will ensure substantive equality. If this is the case, the government department first approached will pay for the service to ensure the child's needs are met.

Okanagan Nation Alliance, Jordan's Principle Coordinator- Jordans.Principle1@syilx.org