The OKIB Taekwondo Athletes have a Successful Weekend at Nationals

On November 10th 2018 seven youth of the OKIB taekwon do club went to Calgary Alberta and competed at a National ITF tournament, which was hosted at the Genesis Centre. This National was the biggest tournament in the last ten years, with up to 600 competitors.

Our very own Shelby Richard took home two medals in the blue division. She won silver in sparring and bronze in patterns. Shelby’s younger sister, Shiloh Richard, came home with a silver medal in the bantam girls yellow belt sparring category. Even their dad, Mario Richard, competed and received bronze in both sparring and patterns in the veteran men’s blue belt category.

Serena Apsassin won Gold in pre-junior girls blue belt sparring. Her sister, Olivia Apsassin, received a gold in peewee girls blue belt sparring. The oldest sister Courtney Jack took home two bronze medals in both sparring and patterns in the junior girl’s blue belt category.

Tessa Louis won bronze in the junior girl’s heavyweight division sparring. Her sister Aurora Roberts took home bronze in both patterns and sparring for the junior yellow belt girls.

Mario stated, “We would like to thank our instructor David White for getting the youth ready for the opportunity to compete at a high level and the achievements they received.”

The instructor, David White, has been named to the Canadian National Team as one of six coaches from across Canada. He will compete at the worlds in Inzell, Germany in April 2019.

It’s great that these athletes participate in this sport with great success and with incredible support from their families. This is definitely a great program that is being offered to the youth.
Remembrance Day at Kal Tire Centre
The first time in history that an Okanagan woman, Mariel Belanger, carried the Okanagan Indian Band flag in the ceremony. Tim Isaac carried the wreath and placed in front while Mariel, wearing a traditional buckskin dress walked alongside with the flag.
Phyllis Bonneau Miller organized the milestone and she can be called for more information.

OKIB Remembrance Day 2018
This significant day began at the OKIB Veterans monument by the Band office and Council Chambers.

Brielle Marchand, and Austen Bigsorrelhorse, and the Canadian National anthem sang by Devin Louis.

Chief Byron Louis gave a speech about the importance of our veterans and how proud he is of our people for always standing up for what they believe in.

To end the ceremony the poppies and wreathes were then laid at the monument to honour our veterans. Lunch and remembrance day displays followed at the Head of the Lake Hall.
-Images by Ruby Alexis

The ceremony began with the Okanagan song sung by Bill Robins, Siya Mcrae, Keziah and
SOCIAL
DEVELOPMENT & TRAINING
PRE-EMPLOYMENT SUPPORTS PROGRAM-PESP INVITE YOU TO AN OPEN HOUSE
Thursday, December 6, 2018
Time: 10am-3pm
Downstairs OKIB Health Building

Come join us to find out about our programs and services!
The PESP provides an opportunity for those on income assistance to work with us to get training (ex. trades or tech fields), and prepare for successful job searches and employment. Have your say as to how you would like this to take place in your community

Door Prizes
Coffee/Tea and Snacks Provided

For more information please contact Cathy at 250-558-3706 Ext. 220
Pre-Employment Supports Program (PESP)

My name is Glenda Louis, Program Lead, Social Development, Training & Pre-Employment Supports Program (PESP). I am the youngest child of 11, my father is the Late Emery Louis and my mother is Lucy Louis, I am also the mother of 2 – John & Sabrina and aunt to many nieces and nephews. I come to the role of Program Lead with 19 years experience blended from health, education administration to include employment and training. I am very excited to apart of the Pre-Employment Supports Program (PESP) in assisting those who are distant from the labour market and require supports to enter the labour force or to start the path towards a higher education.

The Pre-Employment Supports Program can support eligible participants in various bands from the Okanagan Nation. As the nation is vast and wide, 4 PESP Case workers have been hired and I would like to introduce the Team who I am very thrilled to be working with the following: Molly Brewer, Cathy Gottfriedsen, Sally Holmes, and Mary Jack.

Molly Brewer is the Pre-Employment Support Program Case Worker hired by the Okanagan Indian Band. In the position of a case worker Molly has been hired to provide a personalized approach in the delivery of case management services for the Penticton Indian Band and Osoyoos Indian Band. Her overall goal will be to improve employability of clients on-reserve by increasing participation in demand-driven through pre-employment measures. This includes but not limited to skills development programs and vocational training.

Molly comes to this position with many accomplishments; she has completed both a Diploma of Arts with the Okanagan College followed by a University of Victoria Bachelor of Social Work. This highly skilled individual has had the pleasure of working for Aboriginal organization that range from government to not-for-profit agencies. Molly looks forward to the work ahead of her and meeting the community members of the Okanagan Nation.

Cathy Gottfriedsen, PESP Case Worker (Westbank First Nation and Okanagan Indian Band)

Wai, my name is Cathy Gottfriedsen. My father was George Gottfriedsen, from nk’ma pelqs and my mother was Lucille Terbasket Gottfriedsen, from the Similkameen. I have lived in our territory for most of my life except when away for post-secondary education. I have earned a Bachelor’s degree with a Specialization in Addictions Studies, and a Master of Social Work degree in Community and Organizational Services. As I am a life-long learner, I am contemplating furthering my education.
I am a proud mother of a daughter and a proud grandmother of a grandson. As I wish to be close to them, I am happy to be working close to home.

The PESP is voluntary and is meant to provide pre-employment supports for people on Income Assistance (ages 18-64) who reside on one of our Indian reserve communities. To find out more about this program and its many opportunities, please feel free to contact me at:

Okanagan Indian Band, Social Development, Training and the Pre-Employment Supports Program
Telephone: 250.558.3706 ext 220
Email: cathrine.gottfriedsen@okanagan.org

Limlimt!

My name is **Sally Holmes**, I am the mother to Alicia, Jamie and Jodi McRae. I am a member of the Upper Similkameen Indian Band. My parents are Alice Louie (Holmes) and Dale Squakin. My grandmothers are Ramona Nahumpchin and Hazel Squakin. I live in Hedley, BC with my life partner Mark McRae and our youngest daughter, we have been with in the community for now 13 years.

I have been selected to be a part of the Pre-Employment Support Program team as a Case Worker in the Similkameen Valley, for both Upper and Lower Similkameen. I will be assisting the Social Development team in work with clients between the ages of 19-64, who are working toward employment or education. Throughout the next year I would like to provide as many opportunities to grow and be successful in employment or education. I look forward to working in both communities and hope to see as many of you at both band offices.

My name is **Mary Jack**, and I am a mother to Courtney, Serena, Olivia, Annabelle and Jared. I am the granddaughter of the Frank and MaryAnn Jack, along with John and Marguerite Marchand. My parents are Lane and Christine Marchand and the late Victor Jack.

In my role as Pre-Employment Support Caseworker for the Upper Nicola Band, I am committed to assisting the Social Development team. My responsibility is to work with clients between the ages of 19-64, and support transitioning into employment or education. My focus is to help individuals move forward to their next journey and work towards new goals. I believe in turning thoughts into action, and I look forward to sharing success stories about community throughout this initiative.

If you have any questions or wish to contact me please call me at 250.315.7712 or email me at mary.jack@okanagan.org.
The BC Cancer Agency’s digital mammography coach will be providing breast screening outside OKANAGAN INDIAN BAND HEALTH BUILDING

DECEMBER 6, 2018

Contact Amber or Rosalie to book: 250-542-5094

Mammograms are available for women ages 40 and over.

Talk to your doctor about the benefits and limitations of mammography.

Visit www.screeningbc.ca to learn more.

Presenting Sponsors:
**Snc’c’amalaʔtn News**
From the Manager, Lorraine Ladan

**Drop off area at Snc’c’amalaʔtn**
Parents, when dropping off or picking up your child, please park in the parking lot if you are going to be in the centre for more than 5 minutes.

Remember that the bus will be in the drop off area around 9:00 am, noon and 2:45 pm.

**Christmas Closure**
- **December 20** - Santa visits snc’c’amalaʔtn in the morning
- **December 21** - All programs close at noon
- **December 24** - January 1 - All programs Closed
- **January 2-4** - Daycare and Head Start reopen
- **January 7** - Rest of school opens

**$10-a-Day Daycare at Snc’c’amalaʔtn**
Snc’c’amalaʔtn Early Childhood Education Centre is one of only 53 daycare programs in BC selected to participate in the $10.00/day prototype project. There were over 300 applicants.

For parents wondering why Snc’c’amalaʔtn was chosen as a prototype location, the Okanagan Indian Band responded to the provincial government’s call for applications in June. Priority was given to sites that had infant and toddler spaces. They also were picked to reflect the diversity of British Columbia’s geography, population and program types as well as a range of operational models.

The purpose of these prototypes is to gather valuable information about how well the model works for families and child care providers, and to inform the Province’s plan to build a universal child care system over the next ten years. The positive financial impact on parents with children enrolled at a prototype site is significant. Parents will pay no more than $200 a month per child for full-time enrollment. For some low-income families, child care could be free.

The Province is investing $60 million over the next two years to fund these prototype sites. This investment comes from the Early Learning and Child Care Agreement between the Governments of Canada and British Columbia, which was signed in February 2018.

Snc’c’amalaʔtn families have expressed how thankful they feel that we have been selected as a prototype centre.

**Thank You to the Hunting Camp**
The children have been enjoying the moose meat that was passed on to the centre from the OKIB Hunt Camp. Sylvia Louis, our Cook, has been preparing wonderful stews and dishes. We are very appreciative of this traditional food from the Land.

**Kindergarten/Grade 1 Parent-Teacher Interviews**
- **Thursday, December 6** – noon dismissal
- **Friday, December 7** – noon dismissal

Remember that the bus will be leaving Snc’c’amalaʔtn at noon so please ensure that someone will be home to receive your child early. If you are picking your child up, be here at noon.
Head Start Cookie Exchange

Tuesday, December 11 at 5:00 pm

Dazzle your friends and family with a delicious assortment of Christmas cookies!

There is a sign in sheet or you may contact Head Start Coordinator, Denise Alexis by Tuesday, December 4 if you want to take part in this fun event so she can coordinate how many cookies everyone needs to bring. Anyone in any of the rooms at the centre is welcome to participate. A light dinner will be served. 250-545-3800

Everyone is encouraged to wear their favourite Christmas sweater!

Visit from Santa
Santa will be visiting the children at Snc’c’amala?tn on the morning of Thursday, December 20. We will take lots of pictures. Parents are welcome to drop by.

Christmas Trees
Thank you to Miranda and Colin Marchand for the beautiful Christmas trees for the lobby and rooms. We are very fortunate to have such wonderful parents and staff.

Christmas Hampers
We will be collecting non-perishable food items in the lobby to contribute to the OKIB food hampers. We are grateful for any donations.

Season’s Greetings
We hope that you are able to take this season to get away from your busy life and enjoy time with your family members. From all of the staff at Snc’c’amala?tn, our best wishes to you and your children.

Infant/Toddler Daycare
Way from the infant toddler room.

Happy December birthday to our friends Boe and Kiro!!

We have been having tons of fun talking about winter and the cooler weather; please make sure children have full winter gear every day!!!!

We are excited to be learning new songs for Christmas time and have been practicing jungle bells in Okanagan to sing to Santa when he comes on the 20th.

We would like to wish everyone a safe and happy holiday.

Mary Room Supervisor
Theresa ECE
Karen ECE
Nancy Speech and Language

Head Start / 3 to 5 Year Old Daycare
Way! The colder weather has arrived and it is that time to send your child/ren with boots, hats, mitts, warm jacket and snow pants when the snow arrives.

We continue to do art play with our friends and circle (language and songs) with Tupa!

We wish our families and community a very Merry Christmas and a Happy New Year. Have a great holiday…see you all in the New Year!
Way from the Spepelina Room!
Our Field Trip to the Vernon Library on November 15 was so fun! We read books about the ocean and sang songs about the sea.

Wishing Lincoln and Maiya Happy Birthday this month!

We have been continuing to practice our colours, numbers and animals in the language. We’ve also been working really hard on learning our letters. So far we’ve learned A, E, H, K, M, R, S, W and Z.

A reminder to parents to send proper footwear (winter or gum boots), winter jacket, snow pants, mittens and a toque.

December 20 is our Christmas Party with a visit from Santa and December 21 will be our last day before the holidays.

Have a Merry Christmas and we’ll see you in the New Year!

Karla, Miranda and Kyla

Kindergarten / Grade 1
Way’ from the Pqel’qin room.

Reminder to parents to send warm coats, boots, hats and mittens or gloves every day. Our class goes outside two times each day. Don’t forget to put your child’s name on gloves/mittens and snow pants. Our class will be having a Polar Express/Pajama Day on December 14 and a class Christmas party on December 20.

Congratulations to Brielle, Luna, Payton Kashtin, Alexis, Nate and Owen who completed their first home reading sheets by reading a total of 30 books so far this year. Way to go! Happy Birthday to Payton who will celebrate his birthday on December 28.

Mrs. Alexis, Trish and Niki
Transactions in Indian Land Registry System

There have been 363 transactions since January 1, 2018, which require review and submission to Department of Indigenous Services (DISC). According to the statistics, we process in excess of one transaction per day. Some transactions take a lot of effort to ensure the documentation is complete before submission to DISC. Please note that Ministerial approval is required for all transactions registered in the Indian Land Registry.

<table>
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<th>Type of Transaction</th>
<th>Report Ending Nov. 16, 2018 Transactions</th>
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<td><em>New</em> Initiated transactions pending registration</td>
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Fall Update

OKIB TSD-Stantec Environmental -Notra Inc. UXO

- Stantec has drilled ground water test wells on the Goose Lake and Madeline Lake ranges, and will be collecting data samples from ground water wells.

- Stantec is investigating the ground water at Goose Lake and Madeline Lake ranges for constituents such as energetic compounds, microorganisms, petroleum hydrocarbons, and inorganic and organic chemicals that may impact human health or the environment.

- Between Oct 31, 2018 and Nov 7, 2018 drilling commenced at Goose Lake range and Madeline Lake ranges, installing 10 wells. The wells depths were between 13.5 feet to 60 feet. The wells at Goose Lake and Madeline Lake ranges will be monitored by Stantec over the next 6 months checking for various contaminates.

- Stantec Environmental, Grassroots Drilling, OKIB TSD, Notra Inc. UXO avoidance were on location to ensure a successful project from start to finish.

Remember: All UXO’s are very dangerous

Photo courtesy: Leo Louis

If you have any Questions Call
Don Louis, UXO Liaison at 250-542-3444
The cost to produce the Senk'lip News in this format is equivalent, or less than the cost to produce the newsprint version.

**The Okanagan Elders**
The elders have many fund raising activities going on throughout the year.

If you have any donations for Loonie Auctions, Bingo’s or for their 50/50. **Please contact Peggy Brewer at 250-542-2745.**

All donations are very much appreciated by our elders. Please do not hesitate to give generously.

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**Elders Bingo**
Last Sunday of every month

**Early Birds** - 12:00pm  
**Bingo** - 1:00pm

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**Important dates for October**
- **Band office closed** - December 24, 2018 - January 1, 2019 - Christmas
- **Band Council/Membership Forum** - December 10, 2018 at Holiday Resort - Duck Lake @5pm-9pm

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**Okanagan Indian Band**