



## Okanagan Indian Band

12420 Westside Road  
Vernon, BC V1H 2A4  
250-542-4328

### **MEDIA RELEASE**

FOR IMMEDIATE RELEASE

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Media Contact: Nick Nilsen, Communications Specialist

Telephone: 250-309-2458

### **Pandemic update for Friday, March 20, 2020**

Members, here is an update with things to keep in mind as we end week 1 of the isolation:

The virus does not take weekends off and neither should you! Continue the isolation. When out, keep a distance of 2 metres between you and others. Continue to wash your hands frequently for 20 seconds; cover your mouth when you cough or sneeze; and remember that we cannot afford to take chances with the Elders' health.

Please be patient as we work to provide services to you. Many staff including the nursing and home care team are working long hours at full speed without personal breaks. Frontline staff working in community are making sacrifices and putting their own families at risk so please be patient and understanding.

As always, please check our website for daily updates and all the information that OKIB has released regarding the pandemic. It is your best source of information developed specifically for OKIB members: <https://okib.ca/departments/community-services-development/health/covid-19>