



# Okanagan Indian Band

12420 Westside Road  
Vernon, BC V1H 2A4  
250-542-4328

## MEMBER BULLETIN

October 6, 2020

**OKIB Community Flu Clinics will offer free flu shots to all community members**  
*The COVID-19 pandemic has made it more important than ever to get immunized against the flu*

Attend one of OKIB's drop-in clinics and receive your FREE flu vaccination. Flu shots will be provided on a first come first serve order at the Health Centre (BlueBird Building).

Both Influenza and COVID-19 can make you feel very sick. If you start to feel unwell it can be hard to determine if you are sick because of the flu, especially during this time of COVID-19 pandemic. The flu vaccination will protect you from Influenza.

It is possible to have concurrent infections of Influenza and COVID-19, which are different viruses of different families. To avoid this, it is recommended that you get your annual flu shot.

If you have any questions please contact Health reception or Amber Froste, CHN, RN at 250-542-5094 or [okibnurse@okanagan.org](mailto:okibnurse@okanagan.org).

### Flu Clinic Dates:

Wednesday, October 14	5 to 8 p.m.
Friday, October 16	1 to 4 p.m.
Wednesday, October 21	5 to 8 p.m.
Friday, October 23	1 to 4 p.m.
Wednesday, October 28	5 to 8 p.m.
Friday, October 30	1 to 4 p.m.

### Flu Clinic Procedures:

Please follow COVID 19 infection prevention measures for these No appointment/Drop-in Flu Clinics, which are open to all OKIB Community Members:

- Do not attend clinics if you have any symptoms of respiratory or COVID-like illness
- Obey enter and exit signage
- Maintain social distancing (2 m / 6 ft. apart) at all times for yourself or those not in your group
- Line up at markers

- Wear a mask to Flu Clinic if possible
- Use hand sanitizer upon arrival
- Please follow directions provided by OKIB Health Staff. A staff representative will meet you upon entry and provide all necessary directions.