



Okanagan Indian Band

12420 Westside Road
Vernon, BC V1H 2A4
250-542-4328

MEMBER BULLETIN

Date: April 21, 2020

OKIB Nurses Hotline can answer questions and concerns about COVID-19
Hotline is staffed 8 a.m. to 4:30 p.m. Monday to Friday

OKIB Health has set up a Nurses Hotline that members can call if you have any questions or concerns regarding COVID-19. If you would like to speak to an OKIB nurse please call

250-241-7595

Monday to Friday
8 a.m. to 4:30 p.m.

This is NOT an emergency line. If you are experiencing any severe symptoms such as chest pain, shortness of breath or difficulty breathing call **9-1-1**.

The Nurse's Hotline is available to all community members.

And remember, if you are showing symptoms you are required to do the following:

1. Self-isolate immediately (stay home and away from others).
2. Use the online COVID-19 Symptom Self-assessment Tool at <https://bc.thrive.health/> or call 8-1-1.
3. Call the OKIB Nurse Hotline at 250-241-7595 to let the OKIB nurses know that you or your family are self-isolating.

IT IS VITAL THAT ALL COMMUNITY MEMBERS FOLLOW THESE STEPS.

IF EVERYONE FOLLOWS THESE STEPS WE CAN REDUCE THE RISK OF COVID-19 TO OUR COMMUNITY.

OUR COMMUNITY'S HEALTH AND WELLNESS DEPENDS ON IT.